

Driver: \_\_\_\_\_  
Date of completion: \_\_\_\_\_

### Behind-the-Wheel Checklist for Class A CDL

***\*\*Once this training is complete, you must submit it in the TPR by midnight of the second business day since the driver completed the training\*\****

#### Trainer Checklist

First, please confirm that you, the trainer, are eligible to perform this training

- I'm registered in the Training Provider Registry (TPR): <https://tpr.fmcsa.dot.gov/Provider>
- I hold a Class A CDL
- This training is taking place in a Class A vehicle

**AND** at least one of the following two options:

- I have at least 2 years of experience driving a Class A vehicle

**OR**

- I have at least 2 years of experience as a behind-the-wheel CMV instructor

#### Training Checklist

**\*\*This part of the training must take place on a range.\*\***

- Identified each safety-related part on the vehicle and explain what needs to be inspected to ensure a safe operating condition of each part, including:
  - Engine compartment
  - Cab/engine start
  - Steering
  - Suspension
  - Brakes
  - Wheels
  - Side of vehicle
  - Rear of vehicles
  - Special features of the transit bus

Demonstrate ability to

- start, warm up, and shut down the engine
- put the motor vehicle in motion and accelerate smoothly, forward and backward
- bring the motor vehicle to a smooth stop
- back along a curved path
- choose a safe gap for changing lanes, passing other vehicles, as well as for crossing or entering traffic
- position the motor vehicle correctly before and during a turn to prevent other vehicles from passing on the wrong side, as well as to prevent problems caused by off-tracking

*Vehicle Inspection Pre-Trip/Enroute/Post-Trip (Now Referred to as Vehicle Inspection in the CDL Manual)*

- Understands “Get Out and Look” (GOAL) for pre-trip inspections
- Practiced pre-trip and post-trip inspection of:
  - Service brakes including trailer brake connections
  - Parking (hand) brake
  - Steering mechanism
  - Lighting devices and reflectors
  - Tires
  - Horn
  - Windshield wipers
  - Rear vision mirrors
  - Coupling devices
  - Wheels and rims
  - Emergency equipment
- Demonstrated understanding of enroute inspections

*Straight-Line Backing*

- Demonstrated proficiency in proper techniques for performing various straight line backing maneuvers

*Alley Dock Backing (Now Referred to as Backing in the CDL Manual) (45/90 Degree)*

- Demonstrated proficiency in proper techniques for performing 45/90 degree alley dock maneuvers

*Off-Set Backing*

- Demonstrated proficiency in proper techniques for performing off-set backing maneuvers

*Parallel Parking Blind Side*

- Demonstrated proficiency in proper techniques for performing parallel parking blind side positions/maneuvers

*Parallel Parking Sight Side*

- Demonstrated proficiency in proper techniques for performing sight side parallel parking maneuvers

*Coupling and Uncoupling*

- Demonstrated proficiency in proper techniques for coupling, inspecting, and uncoupling combination vehicle units, as applicable.

**\*\*This part of the training must take place on a public road\*\***

*Vehicle Controls Including: Left Turns, Right Turns, Lane Changes, Curves at Highway Speeds, and Entry and Exit on the Interstate or Controlled Access Highway*

- Demonstrated proficiency in proper techniques for
  - initiating vehicle movement
  - executing left and right turns
  - changing lanes
  - navigating curves at speed
  - exiting and entering the interstate
  - stopping the vehicle in a controlled manner

*Shifting/Transmission*

- Demonstrated proficiency in proper techniques for performing safe and fuel-efficient shifting.

*Communications/Signaling*

- Demonstrated proficiency in proper techniques for signaling intentions and effectively communicating with other drivers.

### *Visual Search*

- Demonstrated proficiency in proper techniques for visually searching the road for potential hazards and critical objects.

### *Speed and Space Management*

- Demonstrated proficiency in proper habits and techniques for
  - adjusting and maintaining vehicle speed, taking into consideration various factors such as traffic and road conditions.
  - maintaining proper speed to keep appropriate spacing between the driver's vehicle and other vehicles.
  - calibrating safe following distances under an array of conditions including traffic, weather, and CMV weight and length.

### *Safe Driver Behavior*

- Demonstrated proficiency in safe driver behavior during their operation of the CMV.

### *Hours of Service (HOS) Requirements*

- Demonstrated proficiency in the basic activities required by the HOS regulations, such as completing a Driver's Daily Log (electronic and paper), timesheet, and logbook recap, as appropriate.

### *Hazard Perception*

- Discussed how to recognize potential hazards in the driving environment in time to reduce the severity of the hazard and neutralize possible emergency situations.
- Discussed how to identify road conditions and other road users that are a potential threat to the combination vehicle's safety and suggest appropriate adjustments.

### *Railroad (RR)-Highway Grade Crossing*

- Discussed how to recognize potential dangers
- Demonstrated appropriate safety procedures when RR-highway grade crossings are reasonably available.

### *Night Operation*

- Discussed how to operate a CMV safely at night

- Understands that night driving presents specific circumstances that require heightened attention on the part of the driver.
- Discussed special requirements for night vision, communications, speed, space management, and proper use of lights.

#### *Extreme Driving Conditions*

- Discussed the special risks created by, and the heightened precautions required by, driving CMVs under extreme driving conditions, such as heavy rain, high wind, high heat, fog, snow, ice, steep grades, and curves.
- Discussed the basic driving habits needed to deal with the specific challenges presented by these extreme driving conditions.

#### *Skid Control/Recovery, Jackknifing, and Other Emergencies*

- Discussed the causes of skidding and jackknifing and techniques for avoiding and recovering from them.
- Discussed how to maintain directional control and bring the CMV to a stop in the shortest possible distance while operating over a slippery surface.
- Discussed proper techniques for responding to CMV emergencies, such as evasive steering, emergency braking, and off-road recovery.
- Discussed how to prevent or respond to brake failures, tire blowouts, hydroplaning, and rollovers.